



# Community Connections Newsletter

Activities and opportunities to help you gain friendships, grow independence and be included in your community!

Learn & Serve

Bring Payment Activities

Free Activities

Special Olympics Activities

Please note the change to our color key, as we work to improve digital accessibility and readability for our documents.

We are seeking people with and without disabilities to play in a unified **KICKBALL LEAGUE** starting in June! If you are interested in joining or have questions, contact Patrick Kilbane for more information at 937-310-3260 or [patrick.kilbane@miamicountydd.org](mailto:patrick.kilbane@miamicountydd.org)

Date	Event	Time
Friday, May 1	<b>Hiking at Englewood Dam and Dinner at TJ Chumps</b> Join us for a walk at Englewood Dam followed by dinner at TJ Chumps (559 S. Main St., Englewood). Bring at least \$35 for dinner. REGISTRATION REQUIRED. LIMIT 4.	4:30-9:30PM
Monday, May 4	<b>Special Olympics Sign-Up Night (Softball)</b>	5:30-6:30PM
Monday, May 4	<b>Special Olympics Sign-Up Night (Golf)</b>	6:30-7:30PM
Monday, May 4	<b>Special Olympics Sign-Up Night (Flag Football)</b>	7:30-8:30PM
Tuesday, May 5	<b>Walking Club and Dinner at the Piqua Social</b> Enjoy walking with friends and then get dinner together. Bring money for dinner and shopping. REGISTRATION REQUIRED. LIMIT 4 or meet us there with support if necessary.	5:30-8:30PM
Tuesday, May 5	<b>Pickleball for All</b> Play this popular sport that blends elements of ping pong and tennis. Wear athletic clothes, comfortable shoes for running and bring a water bottle. Players may have to wait to play depending on court availability. Back up plan for rain is playing in the gym. MEET AT DUKE PARK.	6:00-7:00PM
Tuesday, May 5	<b>Open Gym Basketball</b> Try out basketball for the first time or come back and see friends in the MCBDD gym.	7:30-8:30PM
Wednesday, May 6	<b>MY FIT 5 Journey</b> Learn healthy habits, daily exercises, play in weekly activities and compete in fun challenges to improve your health! Join us in MCBDD Gym.	4:30-5:30PM
Thursday, May 7	<b>Social Night</b> Meet up to meet new friends. The theme will be "Trivia Night" at MCBDD.	4:00-5:00PM
Thursday, May 7	<b>Bingo Night</b> Come play a fun game of Bingo with friends and win prizes at MCBDD.	5:00-6:00PM
Thursday, May 7	<b>Karaoke Night</b> Join us for a fun night of singing and being with your friends at MCBDD.	6:00-7:00PM
Thursday, May 7	<b>Game Night</b> Join us to play a variety of online and board games at MCBDD.	7:00-8:00PM
Friday, May 8	<b>Piqua Taste of the Arts - Walk, Shop, Eat and Listen to Music</b> Downtown Piqua comes alive with demonstrating artists, music and food. Local restaurants, caterers and food trucks will line the street selling "tastes" of their most popular dishes. Bring money for dinner and shopping. REGISTRATION REQUIRED. LIMIT 4 or meet us there with support if necessary.	4:30-9:30PM
Monday, May 11	<b>Cooking A to Z: (Oven)</b> Learn to cook a delicious meal after shopping, picking out ingredients & returning to MCBDD to follow a simple recipe using the oven. We will make herb chicken and apple crumb pie. Take your leftovers and the recipe home to try again later. Bring \$25 for ingredients. REGISTRATION REQUIRED. LIMIT 4.	6:00-8:30PM
Monday, May 11	<b>Dinner and Trivia Night at Dunaways</b> Join us for a delicious dinner and fun trivia night at Dunaways (508 W. Main St. Troy). Bring at least \$30 for dinner. REGISTRATION REQUIRED. LIMIT 4.	6:00-9:30PM
Tuesday, May 12	<b>Aktion Club</b> We will meet at First Place Food Pantry (1100 Wayne St Suite 1450, Troy) to assist with various tasks. Due to limited space, REGISTRATION REQUIRED. MEET THERE.	10:00-11:00 AM

Tuesday, May 12	<b>Walking Club and Dinner at the Piqua Social</b> Enjoy walking with friends and then get dinner together. Bring money for dinner and shopping. REGISTRATION REQUIRED. LIMIT 4 or meet us there with support if necessary.	5:00-8:30PM
Tuesday, May 12	<b>Pickleball for All</b> Play this popular sport that blends elements of ping pong and tennis. Wear athletic clothes, comfortable shoes for running and bring a water bottle. Players may have to wait to play depending on court availability. Back up plan for rain is playing in the gym. MEET AT DUKE PARK.	6:00-7:00PM
Wednesday, May 13	<b>MY FIT 5 Journey</b> Learn healthy habits, daily exercises, play in weekly activities and compete in fun challenges to improve your health! Join us at MCBDD (Meet in Training Center - Staunton Room due to volleyball game.)	4:30-5:30PM
Wednesday, May 13	<b>Home Volleyball Game vs. Clark County - Come out to cheer on the Magic athletes!</b>	6:00-8:00PM
Thursday, May 14	<b>Social Night</b> Meet up to meet new friends. The theme will be "Trivia Night" at MCBDD.	4:00-5:00PM
Thursday, May 14	<b>Bingo Night</b> Come play a fun game of Bingo with friends and win prizes at MCBDD.	5:00-6:00PM
Thursday, May 14	<b>Karaoke Night</b> Join us for a fun night of singing and being with your friends at MCBDD.	6:00-7:00PM
Thursday, May 14	<b>Game Night</b> Join us to play a variety of online and board games at MCBDD.	7:00-8:00PM
Friday, May 15	<b>Hiking at Cox Arboretum and Dinner</b> Join us for a walk at Cox Arboretum, a beautiful 174-acre facility is a special place for visitors to escape among trees, shrubs, specialty gardens, mature forests and prairies. Dinner after the walk. Bring at least \$35 for dinner. REGISTRATION REQUIRED. LIMIT 4.	4:30-8:30PM
Saturday, May 16	<b>Bocce Ball Tournament</b> Cheer on the Magic athletes! Tournament will be held at Bella Villa Hall (2625 County Line Rd., Dayton)	9:00-11:30AM
Monday, May 18	<b>Cooking A to Z: (Stove)</b> Learn to cook a delicious meal after shopping, picking out ingredients & returning to MCBDD to follow a simple recipe using the stove. We will make french toast, pancakes and fried eggs. Take your leftovers and the recipe home to try again later. Bring \$25 for ingredients. REGISTRATION REQUIRED. LIMIT 4.	6:00-8:30PM
Monday, May 18	<b>Dinner and Trivia Night at Dunaways</b> Join us for a delicious dinner and fun trivia night at Dunaways (508 W. Main St. Troy). Bring at least \$30 for dinner. REGISTRATION REQUIRED. LIMIT 4.	6:00-9:30PM
Tuesday, May 19	<b>Walking Club and Dinner at the Piqua Social</b> Enjoy walking with friends and then get dinner together. Bring money for dinner and shopping. REGISTRATION REQUIRED. LIMIT 4 or meet us there with support if necessary.	5:00-8:30PM
Tuesday, May 19	<b>Pickleball for All</b> Play this popular sport that blends elements of ping pong and tennis. Wear athletic clothes, comfortable shoes for running and bring a water bottle. Players may have to wait to play depending on court availability. Back up plan for rain is playing in the gym. MEET AT DUKE PARK.	6:00-7:00PM
Tuesday, May 19	<b>Open Gym Basketball</b> Try out basketball for the first time or come back and see friends in the MCBDD gym.	7:00-8:30PM
Wednesday, May 20	<b>Adventures in Advocacy</b> Learn about "Taking Risks and Trying New Things." Meet at MCBDD Training Center (Staunton Room).	10:00-11:00AM
Wednesday, May 20	<b>MY FIT 5 Journey</b> Learn healthy habits, daily exercises, play in weekly activities and compete in fun challenges to improve your health! Join us in MCBDD Gym.	4:30-5:30PM
Thursday, May 21	<b>Money Management - Develop Your Budget</b> If you would like to learn more about managing your money, join us as we learn from Alicia Barton from the OSU Extension office, as she bring us their "Real Money. Real World" program. Meet at MCBDD Training Center (Concord Room). REGISTRATION REQUIRED.	3:30-4:30PM
Thursday, May 21	<b>Social Night</b> Meet up to meet new friends. The theme will be "Trivia Night" at MCBDD.	4:00-5:00PM
Thursday, May 21	<b>Bingo Night</b> Come play a fun game of Bingo with friends and win prizes at MCBDD.	5:00-6:00PM
Thursday, May 21	<b>Karaoke Night</b> Join us for a fun night of singing and being with your friends at MCBDD.	6:00-7:00PM
Thursday, May 21	<b>Game Night</b> Join us to play a variety of online and board games at MCBDD.	7:00-8:00PM

Tuesday, May 26	<b>Walking Club and Dinner at the Piqua Social</b> Enjoy walking with friends and then get dinner together. Bring money for dinner and shopping. REGISTRATION REQUIRED. LIMIT 4 or meet us there with support if necessary.	5:00-8:30PM
Tuesday, May 26	<b>Pickleball for All</b> Play this popular sport that blends elements of ping pong and tennis. Wear athletic clothes, comfortable shoes for running and bring a water bottle. Players may have to wait to play depending on court availability. Back up plan for rain is playing in the gym. MEET AT DUKE PARK.	6:00-7:00PM
Wednesday, May 27	<b>MY FIT 5 Journey</b> Learn healthy habits, daily exercises, play in weekly activities and compete in fun challenges to improve your health! Join us in MCBDD Gym.	4:30-5:30PM
Thursday, May 28	<b>Social Night</b> Meet up to meet new friends. The theme will be "Trivia Night" at MCBDD.	4:00-5:00PM
Thursday, May 28	<b>Bingo Night</b> Come play a fun game of Bingo with friends and win prizes at MCBDD.	5:00-6:00PM
Thursday, May 28	<b>Karaoke Night</b> Join us for a fun night of singing and being with your friends at MCBDD.	6:00-7:00PM
Thursday, May 28	<b>Game Night</b> Join us to play a variety of online and board games at MCBDD.	7:00-8:00PM
Thursday, May 28	<b>Open Gym Basketball</b> Try out basketball for the first time or come back and see friends in the MCBDD gym.	7:00-8:30PM
Friday, May 29	<b>Lock 9 Park - Walk, shop, eat &amp; listen to music by McGuffey Lane &amp; The Gage Thomas Band</b> Bring \$35 for dinner and any additional money for shopping. REGISTRATION REQUIRED. LIMIT 4 or meet us there with support if necessary.	4:30-9:30PM
May 29-31	<b>State Summer Games at The Ohio State University</b>	

### **A Note About Supervision Levels In Our Activities**

*To ensure that everyone can fully participate and benefit from Community Connections activities, it's important to note that participants need to be able to complete certain tasks independently. This may include being alone in the community for brief periods of time (i.e. staff need to assist someone else with finding the restroom or making a purchase at concessions), following instructions, managing personal funds and belongings, interacting with others, seeking help when needed, using the restroom, navigating through public spaces, purchasing items with minimal assistance in the community, and ordering and eating food at local businesses. If the participant requires additional support with these tasks, please have a caregiver or provider accompany them. This will help ensure they have the best experience possible. Community activities typically take place with a ratio of 1 staff to 4 people served. Activities taking place at MCBDD may have a ratio of 1 staff to 15 people served. If you have any questions or need further clarification, please contact Patrick Kilbane.*

#### **How to Register for Activities:**

**1 - Contact us at [cc@miamicountydd.org](mailto:cc@miamicountydd.org) (PREFERRED) or 937-310-1182 (NOTE NEW NUMBER) and leave a message. Only contact once. Do not email AND call as it slows down our processing time.**

**2 - Wait** for an email or call confirming your activities.

You MUST call to cancel if you cannot make it to a "Bring Payment," limited registration activity that you are confirmed to attend. We often have a waiting list for events and activities. Too many no-call/no-show activities risks your ability to register for future events.

#### **MCBDD Code of Conduct**

Participation in MCBDD's Community Connections and Special Olympics activities are a privilege, not a right. Those who participate in any activity are expected to follow our Code of Conduct (below), aimed at ensuring a safe, healthy and enjoyable environment for all.

- I will exhibit agency core values of Respect, Integrity, Teamwork and Accountability while engaging in MCBDD programs.
- I will respect the dignity of all.
- I will act in ways that bring respect to me, MCBDD staff, volunteers and my peers.
- I will practice good sportsmanship.
- I will not use bad language.
- I will not swear or insult other people.
- I will not fight with anyone.
- I will not attempt to intimidate, manipulate, harass or fight with others.
- I will not make inappropriate or unwanted physical, verbal or sexual advances toward others.
- I will not misuse or attempt to damage MCBDD property or equipment.
- I will display appropriate behaviors at all times.
- I will not have a firearm, knife or other dangerous object on my person.
- I will report any illegal or unethical behavior observed during a program to MCBDD staff.
- I will hold myself accountable for my actions.
- I will not willfully interfere with, disrupt or prevent the orderly conduct of any supervised program being conducted by MCBDD staff or volunteers.
- I will obey all laws and MCBDD and Special Olympics rules.

Those who fail to follow the Code of Conduct while attending a MCBDD event will be subject to disciplinary action, which could include: verbal warning, written warning, immediate ejection and/or suspension based on the severity of the offense.