July 2026

Community Connections Newsletter

Activities and opportunities to help you gain friendships, grow independence and be included in your community!

Miami County Board of Developmental Disabilities

Learn & Serve | **Bring Payment Activities** | **Free Activities** | **Special Olympics Activities**

Date	Event	Time
Wednesday, July 1	**MY FIT 5 Journey** Learn healthy habits, daily exercises, play in weekly activities and compete in fun challenges to improve your health! Join us in MCBDD Gym.	4:30-5:30PM
Wednesday, July 1	**Walking Club at Duke Park** Join friends, get exercise & fresh air as we move & groove at Duke Park in Troy. Meet at MCBDD.	5:30-6:30PM
Thursday, July 2	**Karaoke Night** Join us for a fun night of singing and being with your friends at MCBDD.	4:00-5:00PM
Thursday, July 2	**Bingo Night** Come play a fun game of Bingo with friends and win prizes at MCBDD.	5:00-6:00PM
Monday, July 6	**Alex Darner Tennis Match** Join friends as we support Coach Alex as he competes on the tennis team at Wittenberg University in Springfield, OH. Details to be determined. REGISTRATION REQUIRED for transportation (LIMIT 8) or MEET THERE.	4:30-8:00PM
Monday, July 6	**Cooking A to Z: (Microwave)** Learn to cook a delicious meal after shopping, picking out ingredients & returning to MCBDD to follow a simple recipe using the microwave. The group will review recipe options and vote on what to make. Take your leftovers and the recipe home to try again later. Bring $25 for ingredients. REGISTRATION REQUIRED. LIMIT 4.	5:45-8:00PM
Tuesday, July 7	**Kickball for All** Join friends and family members for a casual, unified game of kickball in the softball field behind MCBDD. All are welcome to play! We will add extra innings for those who want to stay until 7:30pm	6:00-7:30PM
Tuesday, July 7	**Trivia Night at MCBDD** Come play a fun game of trivia with friends at MCBDD.	7:45-8:45PM
Wednesday, July 8	**Nerf Adventures** Join in for a fun time of socializing while doing an obstacle course with your Nerf gear. Bring your own gear including darts and protective eyewear (required).	5:00-6:00PM
Wednesday, July 8	**Water Play for All** Join in for a fun time of socializing while doing an obstacle course with your water guns. Dress to get wet and bring your water guns!	6:00-7:00PM
Thursday, July 9	**Karaoke Night** Join us for a fun night of singing and being with your friends at MCBDD.	4:00-5:00PM
Thursday, July 9	**Karaoke Night at McDonald's in Huber Heights** Join friends from UVCC and Greene and Montgomery County Boards of Developmental Disabilities for a night of fun and singing at Scott Family McDonald's in Huber Heights (5562 Merily Way, Huber Heights). REGISTRATION REQUIRED. LIMIT 4 OR MEET THERE WITH OWN TRANSPORTATION.	4:15-7:45PM
Thursday, July 9	**Bingo Night** Come play a fun game of Bingo with friends and win prizes at MCBDD.	5:00-6:00PM
Friday, July 10	**Gaming Adventures in Englewood** Whether you are interested in console gaming, arcade machines, card games, board games or table-top games come join us for fun! $15 for unlimited game play plus bring money for food. REGISTRATION REQUIRED. LIMIT 4.	4:00-8:30PM
Monday, July 13	**Cooking A to Z: (Stove)** Learn to cook a delicious meal after shopping, picking out ingredients & returning to MCBDD to follow a simple recipe using the stove. The group will review recipe options and vote on what to make. Take your leftovers and the recipe home to try again later. Bring $25 for ingredients. REGISTRATION REQUIRED. LIMIT 4.	5:45-8:00PM

Monday, July 13	**Dinner and Trivia Night at Dunaways** Join us for a delicious dinner and fun trivia night at Dunaways (508 W. Main St. Troy). Bring at least $30 for dinner. REGISTRATION REQUIRED. LIMIT 4.	6:00-9:30PM
Monday, July 13	**Dodgeball for All** Join friends, family members and providers for a casual, unified game of dodgeball at MCBDD. All are welcome to play! We will set divisions by skill level.	6:00-8:30PM
Tuesday, July 14	**Aktion Club** We will meet at First Place Food Pantry (1100 Wayne St Suite 1450, Troy) to assist with various tasks. Due to limited space, REGISTRATION REQUIRED. MEET THERE.	10:00-11:00AM
Tuesday, July 14	**Pickleball for All** Play this popular sport that blends elements of ping pong and tennis. Wear athletic clothes, comfortable shoes for running, bring plenty of water and wear sunscreen. MEET AT DUKE PARK. Back up plan for rain is playing in the gym. If weather is above 79 degrees we will also play in the gym.	4:30-5:30PM
Tuesday, July 14	**Kickball for All** Join friends and family members for a casual, unified game of kickball in the softball field behind MCBDD. All are welcome to play! We will add extra innings for those who want to stay until 7:30pm	6:00-7:30PM
Tuesday, July 14	**Trivia Night at MCBDD** Come play a fun game of trivia with friends at MCBDD.	7:45-8:45PM
Wednesday, July 15	**Adventures in Advocacy** We will hear a guest speaker share about Knowing Our Strengths. Meet at MCBDD Training Center (Staunton Room).	10:00-11:00AM
Wednesday, July 15	**MY FIT 5 Journey** Learn healthy habits, daily exercises, play in weekly activities and compete in fun challenges to improve your health! Join us in MCBDD Gym.	4:30-5:30PM
Wednesday, July 15	**Nerf Adventures** Join in for a fun time of socializing while doing an obstacle course with your Nerf gear. Bring your own gear including darts and protective eyewear (required).	5:00-6:00PM
Wednesday, July 15	**Water Play for All** Join in for a fun time of socializing while doing an obstacle course with your water guns. Dress to get wet and bring your water guns!	6:00-7:00PM
Thursday, July 16	**Karaoke Night** Join us for a fun night of singing and being with your friends at MCBDD.	4:00-5:00PM
Thursday, July 16	**Bingo Night** Come play a fun game of Bingo with friends and win prizes at MCBDD.	5:00-6:00PM
Thursday, July 16	**Game Night** Join us to play a variety of online and board games at MCBDD. Within this event, a weekly UNO club has formed, so if you love UNO, join the fun!	6:00-7:30PM
Friday, July 17	**Gaming Adventures in Englewood** Whether you are interested in console gaming, arcade machines, card games, board games or table-top games come join us for fun! $15 for unlimited game play plus bring money for food. REGISTRATION REQUIRED. LIMIT 4.	4:00-8:30PM
Monday, July 20	**Cooking A to Z: (Oven)** Learn to cook a delicious meal after shopping, picking out ingredients & returning to MCBDD to follow a simple recipe using the oven. The group will review recipe options and vote on what to make. Take your leftovers and the recipe home to try again later. Bring $25 for ingredients. REGISTRATION REQUIRED. LIMIT 4.	5:45-8:00PM
Monday, July 20	**Dodgeball for All** Join friends, family members and providers for a casual, unified game of dodgeball at MCBDD. All are welcome to play! We will set divisions by skill level.	6:00-8:30PM
Tuesday, July 21	**Pickleball for All** Play this popular sport that blends elements of ping pong and tennis. Wear athletic clothes, comfortable shoes for running, bring plenty of water and wear sunscreen. MEET AT DUKE PARK. Back up plan for rain is playing in the gym. If weather is above 79 degrees we will also play in the gym.	4:30-5:30PM
Tuesday, July 21	**Kickball for All** Join friends and family members for a casual, unified game of kickball in the softball field behind MCBDD. All are welcome to play! We will add extra innings for those who want to stay until 7:30pm	6:00-7:30PM
Tuesday, July 21	**Trivia Night at MCBDD** Come play a fun game of trivia with friends at MCBDD.	7:45-8:45PM

Wednesday, July 22	**MY FIT 5 Journey** Learn healthy habits, daily exercises, play in weekly activities and compete in fun challenges to improve your health! Join us in MCBDD Gym.	4:30-5:30PM
Wednesday, July 22	**Nerf Adventures** Join in for a fun time of socializing while doing an obstacle course with your Nerf gear. Bring your own gear including darts and protective eyewear (required).	5:00-6:00PM
Wednesday, July 22	**Water Play for All** Join in for a fun time of socializing while doing an obstacle course with your water guns. Dress to get wet and bring your water guns!	6:00-7:00PM
Thursday, July 23	**Karaoke Night** Join us for a fun night of singing and being with your friends at MCBDD.	4:00-5:00PM
Thursday, July 23	**Bingo Night** Come play a fun game of Bingo with friends and win prizes at MCBDD.	5:00-6:00PM
Thursday, July 23	**Game Night** Join us to play a variety of online and board games at MCBDD. Within this event, a weekly UNO club has formed, so if you love UNO, join the fun!	6:00-7:30PM
Friday, July 24	**Dinner and Music: Fridays on Prouty Concert Series** We will grab dinner in downtown Troy before settling in to listen to Dayton musician Deron Bell, who sings jazz, R&B, Motown, gospel, blues and funk influences into a soulful live performance. Bring $35 for dinner. REGISTRATION REQUIRED. LIMIT 4.	5:00-9:30PM
Monday, July 27	**Sure Shots Tap House Gaming and Dinner in Greenville** $25 Unlimited Play Arcade Style Games, VR games, Duck Pin Bowling, etc. Car leaves at 6pm and returns at 9:30pm. Not handicap accessible. REGISTRATION REQUIRED. LIMIT 4.	6:00-9:30PM
Monday, July 27	**Dodgeball for All** Join friends, family members and providers for a casual, unified game of dodgeball at MCBDD. All are welcome to play! We will set divisions by skill level.	6:00-8:30PM
Tuesday, July 28	**Pickleball for All** Play this popular sport that blends elements of ping pong and tennis. Wear athletic clothes, comfortable shoes for running, bring plenty of water and wear sunscreen. MEET AT DUKE PARK. Back up plan for rain is playing in the gym. If weather is above 79 degrees we will also play in the gym.	4:30-5:30PM
Tuesday, July 28	**Kickball for All** Join friends and family members for a casual, unified game of kickball in the softball field behind MCBDD. All are welcome to play! We will add extra innings for those who want to stay until 7:30pm	6:00-7:30PM
Tuesday, July 28	**Trivia Night at MCBDD** Come play a fun game of trivia with friends at MCBDD.	7:45-8:45PM
Wednesday, July 29	**MY FIT 5 Journey** Learn healthy habits, daily exercises, play in weekly activities and compete in fun challenges to improve your health! Join us in MCBDD Gym.	4:30-5:30PM
Wednesday, July 29	**Nerf Adventures** Join in for a fun time of socializing while doing an obstacle course with your Nerf gear. Bring your own gear including darts and protective eyewear (required).	5:00-6:00PM
Wednesday, July 29	**Water Play for All** Join in for a fun time of socializing while doing an obstacle course with your water guns. Dress to get wet and bring your water guns!	6:00-7:00PM
Thursday, July 30	**Karaoke Night** Join us for a fun night of singing and being with your friends at MCBDD.	4:00-5:00PM
Thursday, July 30	**Bingo Night** Come play a fun game of Bingo with friends and win prizes at MCBDD.	5:00-6:00PM
Thursday, July 30	**Game Night** Join us to play a variety of online and board games at MCBDD. Within this event, a weekly UNO club has formed, so if you love UNO, join the fun!	6:00-7:30PM

A Note About Supervision Levels In Our Activities

To ensure that everyone can fully participate and benefit from Community Connections activities, it's important to note that participants need to be able to complete certain tasks independently. This may include being alone in the community for brief periods of time (i.e. staff need to assist someone else with finding the restroom or making a purchase at concessions), following instructions, managing personal funds and belongings, interacting with others, seeking help when needed, using the restroom, navigating through public spaces, purchasing items with minimal assistance in the community, and ordering and eating food at local businesses. If the participant requires additional support with these tasks, please have a caregiver or provider accompany them. This will help ensure they have the best experience possible. Community activities typically take place with a ratio of 1 staff to 4 people served. Activities taking place at MCBDD may have a ratio of 1 staff to 15 people served. If you have any questions or need further clarification, contact Patrick Kilbane.

How to Register for Activities:

1 - **Contact us at cc@miamicountydd.org** (PREFERRED) or 937-310-1182 (NOTE NEW NUMBER) and leave a message. Only contact once. Do not email AND call as it slows down our processing time.

2 - Wait for an email or call confirming your activities.

You MUST call to cancel if you cannot make it to a "Bring Payment," limited registration activity that you are confirmed to attend. We often have a waiting list for events and activities. Too many no-call/no-show activities risks your ability to register for future events.

MCBDD Code of Conduct

Participation in MCBDD's Community Connections and Special Olympics activities are a privilege, not a right. Those who participate in any activity are expected to follow our Code of Conduct (below), aimed at ensuring a safe, healthy and enjoyable environment for all.

- I will exhibit agency core values of Respect, Integrity, Teamwork and Accountability while engaging in MCBDD programs.
- I will respect the dignity of all.
- I will act in ways that bring respect to me, MCBDD staff, volunteers and my peers.
- I will practice good sportsmanship.
- I will not use bad language.
- I will not swear or insult other people.
- I will not fight with anyone.
- I will not attempt to intimidate, manipulate, harass or fight with others.
- I will not make inappropriate or unwanted physical, verbal or sexual advances toward others.
- I will not misuse or attempt to damage MCBDD property or equipment.
- I will display appropriate behaviors at all times.
- I will not have a firearm, knife or other dangerous object on my person.
- I will report any illegal or unethical behavior observed during a program to MCBDD staff.
- I will hold myself accountable for my actions.
- I will not willfully interfere with, disrupt or prevent the orderly conduct of any supervised program being conducted by MCBDD staff or volunteers.
- I will obey all laws and MCBDD and Special Olympics rules.

Those who fail to follow the Code of Conduct while attending a MCBDD event will be subject to disciplinary action, which could include: verbal warning, written warning, immediate ejection and/or suspension based on the severity of the offense.