November 2026

Community Connections Newsletter

Activities and opportunities to help you gain friendships, grow independence and be included in your community!

Please note: the lower number of activities offered in November is due to 3 holiday dates (Veterans Day, Thanksgiving and Friday after Thanksgiving), as well as additional staff time dedicated to Special Olympics basketball, cheer and swim, all of which start in November.

Learn & Serve | **Bring Payment Activities** | **Free Activities** | **Special Olympics Activities**

Date	Event	Time
Monday, November 2	**Bingo Night at MCBDD** Come play a fun game of Bingo with friends and win prizes in the MCBDD Training Center.	4:30-5:30PM
Monday, November 2	**Cooking A to Z: (Stove Top & Oven)** Learn to cook a delicious meal after shopping, picking out ingredients & returning to MCBDD to follow a simple recipe using the stove top and oven to make Chicken, Rice and Broccoli Casserole. For dessert we will make S'Mores. Take your leftovers and the recipe home to try again later. Bring $30 for ingredients. REGISTRATION REQUIRED. LIMIT 4.	5:45-8:45PM
Tuesday, November 3	**Bell Choir Practice (for those already signed up for Bell Choir)** Choir members will learn new songs for the holiday season.	4:00-5:00PM
Tuesday, November 3	**Basketball Practice (for those signed up for Special Olympics teams)** Athletes already signed up for Special Olympics basketball should have their schedule and know their team's assigned practice time.	5:30-8:30PM
Wednesday, November 4	**Basketball for All Open Gym** Join friends and get some indoor exercise while shooting hoops and practicing skills.	6:00-8:00PM
Wednesday, November 4	**Swim Practice (for those signed up for Special Olympics teams)** For athletes already signed up for Special Olympics swim. Practices at YMCA-Robinson Branch.	7:30-8:30PM
Thursday, November 5	**Cheerleading & Basketball Practice (for those signed up for Special Olympics teams)** Athletes already signed up for Special Olympics basketball should have their schedule and know their team's assigned practice time.	4:00-8:30PM
Friday, November 6	**Dinner & Movie** Join friends for dinner in downtown Troy and a free movie showing "Close Encounters of the Third Kind" at the Troy-Hayner Cultural Center. Movie begins at 7pm. Bring $30 for dinner. REGISTRATION REQUIRED. LIMIT 4.	4:30-9:45PM
Monday, November 9	**Karaoke Night** Join us for a fun night of singing and socializing at MCBDD.	4:30-5:30PM
Monday, November 9	**Cooking A to Z: (Microwave)** Learn to cook a delicious meal after shopping, picking out ingredients & returning to MCBDD to follow a simple recipe using the microwave to make Barbecue Chicken and Baked Beans. Take your leftovers and the recipe home to try again later. Bring $25 for ingredients. REGISTRATION REQUIRED. LIMIT 4.	5:45-8:45PM
Monday, November 9	**Mom's Night Out** Moms/Mom figures, gather together to connect and chat in a relaxing environment. This month, we are at Marion's Piazza (1270 Experiment Farm Rd. Troy)	6:00-8:00PM
Tuesday, November 10	**Aktion Club** We will gather at Troy Walmart (by Subway) to shop for Giving Tree holiday gift recipients.	10:00AM-12:00PM
Tuesday, November 10	**Bell Choir Practice (for those already signed up for Bell Choir)** Choir members will learn new songs for the holiday season.	4:00-5:00PM

Tuesday, November 10	**Basketball Practice (for those signed up for Special Olympics teams)** Athletes already signed up for Special Olympics basketball should have their schedule and know their team's assigned practice time.	5:30-8:30PM
Thursday, November 12	**Cheerleading & Basketball Practice (for those signed up for Special Olympics teams)** Athletes already signed up for Special Olympics basketball should have their schedule and know their team's assigned practice time.	4:00-8:30PM
Monday, November 16	**Game Night for All** Join us to play a variety of online and board games at MCBDD. Within this event, a weekly UNO club has formed, so if you love UNO, join the fun!	4:30-5:30PM
Monday, November 16	**Cooking A to Z: (Microwave)** Learn to cook a delicious meal after shopping, picking out ingredients & returning to MCBDD to follow a simple recipe using the microwave to make Breakfast Burritos and Caramel Rolls. Take your leftovers and the recipe home to try again later. Bring $25 for ingredients. REGISTRATION REQUIRED. LIMIT 4.	5:45-8:45PM
Tuesday, November 17	**Bell Choir Practice (for those already signed up for Bell Choir)** Choir members will learn new songs for the holiday season.	4:00-5:00PM
Tuesday, November 17	**Basketball Practice (for those signed up for Special Olympics teams)** Athletes already signed up for Special Olympics basketball should have their schedule and know their team's assigned practice time.	5:30-8:30PM
Wednesday, November 18	**Adventures in Advocacy** We will hear from guest speaker Cody Odom, talking about Making Decisions. Meet at MCBDD Training Center (Staunton Room).	10:00-11:00AM
Wednesday, November 18	**Basketball for All Open Gym** Join friends and get some indoor exercise while shooting hoops and practicing skills.	6:00-8:00PM
Wednesday, November 18	**Swim Practice (for those signed up for Special Olympics teams)** For athletes already signed up for Special Olympics swim. Practices at YMCA-Robinson Branch.	7:30-8:30PM
Thursday, November 19	**Cheerleading & Basketball Practice (for those signed up for Special Olympics teams)** Athletes already signed up for Special Olympics basketball should have their schedule and know their team's assigned practice time.	4:00-8:30PM
Friday, November 20	**Gaming Adventures in Englewood** Whether you are interested in console gaming, arcade machines, card games, board games or table-top games come join us for fun! $15 for unlimited game play plus bring at least $30 for food. REGISTRATION REQUIRED. LIMIT 4.	4:30-8:00PM
Tuesday, November 24	**Bell Choir Practice (for those already signed up for Bell Choir)** Choir members will learn new songs for the holiday season.	4:00-5:00PM
Tuesday, November 24	**Basketball Practice (for those signed up for Special Olympics teams)** Athletes already signed up for Special Olympics basketball should have their schedule and know their team's assigned practice time.	5:30-8:30PM
Wednesday, November 25	**Basketball for All Open Gym** Join friends and get some indoor exercise while shooting hoops and practicing skills.	6:00-8:00PM
Wednesday, November 25	**Swim Practice (for those signed up for Special Olympics teams)** For athletes already signed up for Special Olympics swim. Practices at YMCA-Robinson Branch.	7:30-8:30PM
Monday, November 30	**Sure Shots Tap House Gaming and Dinner in Greenville** $25 for Unlimited Play Arcade Style Games, VR games, Duck Pin Bowling, etc. Bring up to $30 for dinner. Car leaves at 4:30pm & returns around 9pm. Not handicap accessible. REGISTRATION REQUIRED. LIMIT 4.	4:30-8:30PM

A Note About Supervision Levels In Our Activities

To ensure that everyone can fully participate and benefit from Community Connections activities, it's important to note that participants must be able to complete certain tasks independently. This may include being alone in the community for brief periods of time (i.e. staff need to assist someone else with finding the restroom or making a purchase at concessions), following instructions, managing personal funds and belongings, interacting with others, seeking help when needed, using the restroom, navigating through public spaces, purchasing items with minimal assistance in the community, and ordering and eating food at local businesses. If the participant requires additional support with these tasks, please have a caregiver or provider accompany them. This will help ensure they have the best experience possible. Community activities typically take place with a ratio of 1 staff to 4 people served. Activities taking place at MCBDD may have a ratio of 1 staff to 15 people served. If you have any questions or need further clarification, contact Patrick Kilbane.

How to Register for Activities:

1 - **Contact us at** **cc@miamicountydd.org** (PREFERRED) or 937-332-1182 (NOTE NEW NUMBER) and leave a message. Only contact once. Do not email AND call as it slows down our processing time.

2 - Wait for an email or call confirming your activities.

You MUST call to cancel if you cannot make it to a "Bring Payment," limited registration activity that you are confirmed to attend. We often have a waiting list for events and activities. Too many no-call/no-show activities risks your ability to register for future events.

MCBDD Code of Conduct

Participation in MCBDD's Community Connections and Special Olympics activities are a privilege, not a right. Those who participate in any activity are expected to follow our Code of Conduct (below), aimed at ensuring a safe, healthy and enjoyable environment for all.

- I will exhibit agency core values of Respect, Integrity, Teamwork and Accountability while engaging in MCBDD programs.
- I will respect the dignity of all.
- I will act in ways that bring respect to me, MCBDD staff, volunteers and my peers.
- I will practice good sportsmanship.
- I will not use bad language.
- I will not swear or insult other people.
- I will not fight with anyone.
- I will not attempt to intimidate, manipulate, harass or fight with others.
- I will not make inappropriate or unwanted physical, verbal or sexual advances toward others.
- I will not misuse or attempt to damage MCBDD property or equipment.
- I will display appropriate behaviors at all times.
- I will not have a firearm, knife or other dangerous object on my person.
- I will report any illegal or unethical behavior observed during a program to MCBDD staff.
- I will hold myself accountable for my actions.
- I will not willfully interfere with, disrupt or prevent the orderly conduct of any supervised program being conducted by MCBDD staff or volunteers.
- I will obey all laws and MCBDD and Special Olympics rules.

Those who fail to follow the Code of Conduct while attending a MCBDD event will be subject to disciplinary action, which could include: verbal warning, written warning, immediate ejection and/or suspension based on the severity of the offense.